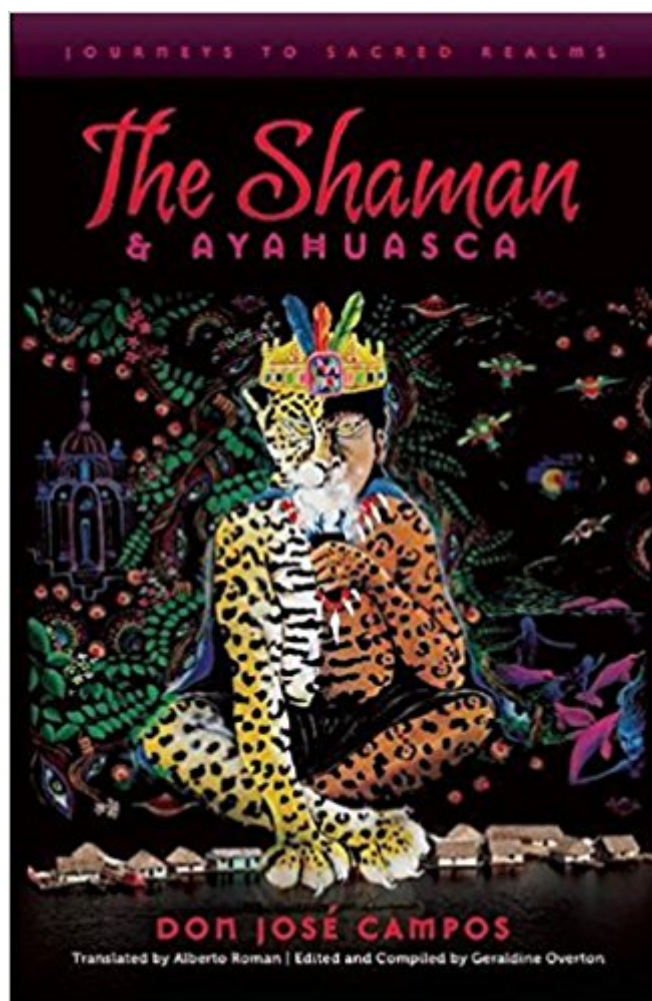


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# The Shaman And Ayahuasca: Journeys To Sacred Realms



## Synopsis

Internationally respected Peruvian shaman Don José Campos illuminates the practices and benefits of Ayahuasca with grace and gentleness and much respect and gratitude for the gifts Ayahuasca has bestowed on him throughout the 25 years he has been a practicing shaman. He takes the reader on a journey through his own difficulties in the discovery of other worlds, other dimensions, alien entities and plant teachers. Among other things, he discusses his difficulties in coping with some of the concepts taught to him by his plant teachers like the discovery that everything has consciousness. But if we accept this, our entire cosmology shifts for the greater benefit of mankind. Along with Don José's transmission, we meet Pablo Amaringo. The world famous visionary painter talks about his art and his experiences as a shaman and the shocking reasons he stopped. Other voices include Julio Arce Hidalgo, biochemist and philosopher, and Don Solon, at 92 years old, the sole surviving Maestro of Don José. If one is interested in this most fascinating subject but is put off or frightened by the traveller's tales, this is the perfect book to introduce you to the profound experiences of Ayahuasca.

## Book Information

Paperback: 200 pages

Publisher: Divine Arts (July 1, 2011)

Language: English

ISBN-10: 161125003X

ISBN-13: 978-1611250039

Product Dimensions: 5.3 x 0.5 x 8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 66 customer reviews

Best Sellers Rank: #19,135 in Books (See Top 100 in Books) #9 in [Books > Religion & Spirituality > New Age & Spirituality > Shamanism](#)

## Customer Reviews

This remarkable and beautiful book suggests a path back to understanding the profound healing and spiritual powers that are here for us in the plant world. This extraordinary book shows a way toward reawakening our respect for the natural world, and thus for ourselves. I pray that we are not too proud, not too entitled, not too arrogant to heed the invitation. --John Robbins, author of *The Food Revolution*, *Diet For A New America*, and many other bestsellers  
Don Jose Campos has a free spirit, a generous heart, and deep knowledge about plants, in particular about the shamanic

brew ayahuasca. And he tells good stories in a casual style. He speaks from experience, and champions simplicity and humility. I enjoyed his book for all these reasons. --Jeremy Narby, Ph.D., author of *The Cosmic Serpent: DNA and the Origins of Knowledge* Thank you, thank you for this book. Don Jose is not only personally warm and wonderful, caring and smart, but this is the side of the story that we have been missing the real teacher speaking, not another westerner reporting well or poorly that his head was blown off. --James Fadiman Ph.D., author and former president of The Association for Transpersonal Psychology

Don Jose Campos lives in Pulcallpa, Peru. He studied with over 120 master curanderos throughout South America including Don Salon of Iquitos. He travels internationally conducting ceremonies. A CD of his icaros (ceremonial songs) is in distribution. This is his first book.

Having recently experienced ayahuasca for the first time, I found myself wanting to know more about this powerful medicine. This book, in the voice of a authentic Shaman, conveys a deeper understanding of the plant. He explains without explaining and brings you into a world that is full of miraculous healing potential. I have been a very dedicated meditator for close to a decade, and found, in one night, a spiritual healing that I have sought through countless hours. Though I also see how my meditation hours prepared me to receive the healing. By the third night of the ceremony I participated in, the medicine was tackling my physical disease, leaving me feeling better and healthier than I have ever felt. The author explains how this happens and I enjoyed his narrative. This is an excellent read for those who have experienced ayahuasca and also for those who are just curious. It is deceptively simple but the concepts are profound.

I would describe this book as a great simulation of sitting with an old shaman and listening to his tales of passed journeys. I appreciated the conversational tone of the shaman, and the way he presented his tales was very readable. This is probably because the book is transcribed from recorded interviews given by this man's western students. For those with an eye for such things, it is filled with interesting leads and tips about shamanic healing and philosophy. For those of us who would like to pick the brain of an Ayahuasca shaman, this is good material, although by no means a 'complete' view. It meanders around from story to story, and is enjoyable as such a campfire conversation. However, those with no interest in the principals and techniques of an Ayahuasca shaman would probably find it a less compelling read.

This is one of the most moving stories I have read about this awesome vine, this book is magical, the sweetest explanation of this miracle vine I have ever read, I have ordered the CD, plus I'm reading it again, it has some beautiful pictures from Pablo Amaringo, and it tells of his story, I would recommend this book to all people, to open your heart, your mind to a way of life that is ancient yet so needed in our world today. Thank you Jose Campos and all of you that have made this beautiful story come to life, thank you for sharing so honestly your visions and explaining to us the true healing that comes from doing this type of soul work... Gratitude and much love for this book and for Madre' Ayahuasca!!!!

I've been around, in these realms, and this book is an excellent and authentic guidebook of the true dealings with the consciousness combination of the Andes. The author is in line with the energy of the plants. I would do a workshop with him. His heart is in the right place.

I have read a lot of books about shamanism, about Ayahuasca, and about plant medicines in general - this book is easily one of my favorites! The style is very laid back and fun, and feels like hanging around smoking mapacho while the shaman shares a couple tales about his culture. Through the fun and personal stories, you learn a lot about local culture, Ayahuasca ceremony, dieta, art, and all kinds of fun stuff. I highly recommend this book for anyone interested in Ayahuasca, shamanism, or the - fun and informational at the same time!

not yet done because it is like reading someone's thoughts but very informative

Great and candid book; it reads like a nice and warm chat with an old friend who provides a good look at what it means to be a curandero.. The birth of the icaro, dietas, soplandos.. A lot of information on these shamanic elements is provided..

An AWESOME book! Written with simplicity and sincerity as the way that Don JosÃ© Campos shared his wisdom of the path of the Curandero with the readers. So simple and beautiful the way he teaches us, with his stories about his teachers and of himself and how they use the Ayahuasca and other plants to cure people who need it, to cure their soul and then their body. A beautiful experience reading it...and planning to read it again soon. A TRULY enjoyable reading as no other.

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